

Section 1: Healthy Eating/Diet



Healthy eating options abound in Pulaski County. Grocery stores in Francesville and Winamac offer produce and wholesome food. Periodic farmers markets offer fresh vegetables.

While your kids are at West Central, they are treated to excellent vittles that meet all federal requirements. More information can be found at the websites below.

[School Breakfast Program Information](#)

[School Lunch Program Information](#)

[Summer Meals Program Information](#)

